

# NOT JUST ANOTHER WORKSHOP!

REAL RESULTS - ON THE DAY  
STOP SMOKING - LOSE WEIGHT

RTT (Rapid Transformational Therapy) - A powerful combination of hypnotherapy plus cutting edge neuroscience - NLP (neurolinguistic programming) plus CBT (cognitive behaviour therapy) for:

- Rapid Results
- Proven Certified Methods
- 100's of success stories
- Overcome any addiction fast..

**Stop Smoking £50**

9:30am - 12:00pm



Select your ticket at  
<http://bit.ly/SallygSTOPSmoking>

Or  
both  
for £75

**Lose Weight £50**

2:00pm - 4:30pm



Select your ticket at  
<http://bit.ly/SallygLOSEweight>

How much does your addiction cost you?.....

**Saturday - 2nd of March**

The Inner Place - Home End Mews

For **more** Information Call me on **07796 587628**.

## Who is this for?

You - If you are ready to stop smoking today

You - If you are ready to understand and overcome addiction

You - If you are ready for a life changing transformation

You - If you want to learn what is sabotaging your healthy eating and finally become a Leaner, Fitter, Healthier, you!

**SARAH GRIFFITHS**

Certified RTT Therapist,  
Hypnotherapist  
Peak Performance Strategist,  
Executive Coach,  
Author and Speaker.

*Sally G. Com*



**ADDICTION, ANXIETY, DEPRESSION, WEIGHT LOSS — OVERCOME YOUR ADDICTION FAST!**

**RAPID  
TRANSFORMATIONAL  
RTT THERAPIST**